

# Vision Board Worksheet

What do you like, and what do you dislike?

Likes	Dislikes

What does your ideal Tuesday look like? Describe it from wake up to bedtime.

This is a work day.

What does your ideal Saturday look like? Describe it from wake up to bedtime.

This is a day of leisure.

**Now let's align some of those likes and ideal days with your goals by decade.**

<b>20s</b>	<b>30s</b>	<b>40s</b>	<b>50s +</b>

**Want more: Listen to the episode on The Australian Finance Podcast titled '1 lifestyle hack for 2023 (Owen's vision board activity)'.**